



## *Uncommon Patient Focus*

### **PAIN MANAGEMENT AGREEMENT:**

Pain is an unpleasant feeling that causes millions of people to seek medical attention around the world. It can have such a great negative impact on you and your quality of life. While our goal is to help improve and restore your quality of life by reducing or alleviating your pain, please understand that we could only achieve that goal with the help of our partners and colleagues from pain management specialists. They have the medical expertise and training background in different pain management options including pain medications. Since we strongly believe that the best approach to our patients' care is through a complete team approach, where different specialists can provide you with their best skills and expertise, we have adopted the following policy when it comes to prescribing pain medications:

1. We will not prescribe pain medications to patients who are NOT considered for surgery. Such patients should refer to their primary care physicians or pain management specialists with regard to all matters related to their pain medication(s).
2. We will not prescribe pain medications to patients who are considered for surgery PRIOR to surgery. Such patients should refer to their primary care physicians or pain management specialists with regard to all matters related to their pain medication(s). However, we will ask you to stop taking certain medication(s) that might interfere with your surgery during your surgery consultation visit.
3. In addition to over-the-counter pain medication(s), we could ONLY prescribe certain pain medication(s) as follows:

*Medication(s) that we could prescribe:*

- Vicodin (Hydrocodone/Acetaminophen) for pain
  - Percocet (Oxycodone/Acetaminophen) for pain
  - Valium (Diazepam) for muscle relaxant
- 3.1 We will provide you these medication(s) to help with your post-operative incisional pain and muscle spasm only AFTER surgery and DURING your post-operative recovery period, which is three months for fusion procedures and one month for all other procedures performed. If you need any of these medication(s) past your recovery period, or in larger quantities than what we could prescribe, you should contact your primary care physician or pain management specialist.
  - 3.2 If you have chronic pain syndrome and require stronger pain medication(s) than what we could prescribe, you should contact your primary care physician or pain management specialist PRIOR to surgery to discuss your pain management plans with them during your recovery period.

PATIENT SIGNATURE:

DATE: